It probably began in our backyard when we were 7 or 8. We took the bikes we’d got for Christmas, removed the brakes, switched the handle bars and mixed our old bmx wheels with our new mtb wheels. Each modification made with intent purpose, albeit purpose found in imagination, and not logic. Then we raced them around our house, every afternoon, until dark. To us, that was cycling. It wasn’t about going faster or longer, it was about making it our own.

That’s how we’ve looked at the bike ever since. As a form of expression, discovery and freedom, it’s that idea that has taken us from the Frankenstein bikes in our backyard across the roads of the entire World, allowed us to do what we love in the most beautiful places in the world with the most interesting people.

Born with us in Australia and developed with us on every ride in every continent, Outlands is an extension of that, an extension of us. Product that is designed to be used in ways we’ve never even thought of. Products that grow and change and share the journey with you.

/ Angus and Lachlan Morton
Aomori - a secluded city where you find tranquility. We will be exploring ancient mountains, shrines, lakes and streams and visiting hidden treasures and sights in this beloved city. This once-in-a-lifetime tour offers a privileged experience for those with a discerning taste and requirement.

<table>
<thead>
<tr>
<th>Date:</th>
<th>27th May – 1st June 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration:</td>
<td>6 Days 5 Nights</td>
</tr>
<tr>
<td>Distance:</td>
<td>555km</td>
</tr>
<tr>
<td>Elevation:</td>
<td>10,581m</td>
</tr>
<tr>
<td>Key Climbs:</td>
<td>Kasamatsu Pass (1,031m)</td>
</tr>
<tr>
<td></td>
<td>Mt. Ohanabe (1,011m)</td>
</tr>
<tr>
<td></td>
<td>Tappi Cape (529m)</td>
</tr>
<tr>
<td>Cycling options:</td>
<td>Road, Cyclo cross, Gravel or Touring</td>
</tr>
<tr>
<td>Bike Hire:</td>
<td>Riders bring/ Build their own bikes</td>
</tr>
<tr>
<td>Group size:</td>
<td>10-15 cyclists</td>
</tr>
<tr>
<td>Support:</td>
<td>Fully supported</td>
</tr>
<tr>
<td>Grade:</td>
<td>Intermediate</td>
</tr>
</tbody>
</table>
TOUR OVERVIEW

6D/5N – One Transfer Hotel Lodging  |  One Base camp
Integrated Resort  |  Fully-supported Tour and Guides

Aomori, Japan, is a favorite getaway of many Japanese locals. Surrounded by the beautiful and breathtaking scenery, Aomori is a place of rest that keeps you away from all the hustle and bustle. Over the four days of fully supported riding with our base camp at Rockwood Hotel & Spa, you will experience Aomori in all of its glory – from the breathtaking rapids and waterfalls of the Oirase Valley to the epic ride along the coast to Cape Tappi – from the unique perspective offered by the bicycle.

A long, undulating route that features two big climbs will be of interest to intermediate and advanced cyclists who have had touring experience. Joining us on this adventure, you will discover that Aomori’s undulating sometimes mountainous terrain, coupled with near perfect road quality made for road riding can rival the best anywhere in the world.
## TOUR OVERVIEW

## TOUR BREAKDOWN

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>ACTIVITY HIGHLIGHT</th>
<th>KM</th>
<th>ELEVATION (M)</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1 (Sat)</td>
<td>27 May</td>
<td>Pick up arrival at Shin-Aomori Train Station or Aomori Int’ Airport (option to ride to hotel).</td>
<td>50</td>
<td>709</td>
</tr>
<tr>
<td>#2 (Sun)</td>
<td>28 May</td>
<td>Shirakami-Sanchi UNESCO World Heritage Site, Hirosaki Castle and Hirosaki Apple Park.</td>
<td>126</td>
<td>2,579</td>
</tr>
<tr>
<td>#3 (Mon)</td>
<td>29 May</td>
<td>Mount Iwaki loop &amp; Ajigasawa.</td>
<td>117</td>
<td>2,471</td>
</tr>
<tr>
<td>#4 (Tue)</td>
<td>30 May</td>
<td>Tappi Cape Epic</td>
<td>176</td>
<td>2,209</td>
</tr>
<tr>
<td>#5 (Wed)</td>
<td>31 May</td>
<td>Rockwood to Mt. Hakkoda summit finish.</td>
<td>136</td>
<td>3,322</td>
</tr>
<tr>
<td>#6 (Thur)</td>
<td>1 June</td>
<td>Transfer from Sukayu Onsen to Aomori Int’l Airport and Shin-Aomori Station</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

**TOTAL:** 555 10,581
HIGHLIGHTS

6-DAY-5-NIGHT
FULLY SUPPORTED CYCLING TOUR

Fully supported trip tour with support SUV and bus

- Refreshment breaks and guided photography checkpoints
- On-site mechanic, dedicated bicycle, equipment, air and wet wash area
- All breakfasts and dinners with beverage

ALL ACCOMMODATION INCLUDED

Our base camp will be at the Rockwood Hotel & Spa, a luxurious integrated cycling, golf, ski, snowboard and motor sports resort

Ajigasawa Springs natural hot spring bath inside the resort awaits you for your enjoyment and recovery

- All maps, day-route guides and bicycle top-tube stickers for detailing route stops and particulars will be prepared and disseminated

KEY ATTRACTION POINTS

- Towada-Hachimantai National Park, Oriase River, Lake Towada
- Hirosaki Heritage Park and Castle Tour
- Shirakami World Heritage Site
- Tappi Cape
- Apple Orchards, Farms, local food produce tasting

GOURMET EXPERIENCE

Extensive local premier produce and restaurant excursions
TOUR OVERVIEW

THE SPECIFICS

WHAT’S INCLUDED

– 6 days/ 5 nights fully accompanied & supported tour.
– Pick up and Drop-off at airport.
– All ground transportation & luggage transfers.
– Deluxe hotel accommodation: Sukayu Onsen and Rockwood Hotel & Spa.
– All breakfasts & dinners (food & standard beverage) and refreshment during rides.
– Hotel amenities.
– Service of our local guides (English, Japanese, Cantonese, Mandarin spoken).
– Support vehicle equipped with water cooler, track pump and basic repair service.
– Experienced mechanic support.
– Route planning and cue sheet (route cards to be attached to stem/stowed in a jersey pocket).

WHAT’S NOT INCLUDED

– Flights, airport tax & surcharge.
– Travel & personal insurance.
– Medical insurance.
– Additional hotel expenses: phone charges, mini-bar.

TOUR FEE*

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Double occupancy:</td>
<td>US $2000</td>
</tr>
<tr>
<td>Single occupancy</td>
<td>US $2300</td>
</tr>
</tbody>
</table>

*Early-bird discount can be applied
ARRIVAL AOMORI – SAT 27/5

Arrival at Shin-Aomori Train Station via Shinkansen or flight to Aomori International Airport.

The cost for rail pass is JPY22,000 at time of printing or book a direct flight with Japan Airlines (www.jal.com) to Aomori International Airport, we will pick you up and take you to the Rockwood Hotel.

Relax and enjoy a succulent Japanese course dinner with your choice of soft drinks, a pint of Sapporo beer or a bottle of Joppari Junmaishu sake, before resting up for the night. Your bike will be built and tuned overnight at the hotel, ready for the following morning.

AIRPORT TRANSFER

16.15 At Aomori International Airport, to coincide with the flight number JL147 departing Tokyo Haneda at 15.00.

TRAIN STATION TRANSFER

Shin-Aomori train station:

12.30 To coincide with the Tohoku Shinkansen service departing Tokyo at 09.08.

18.00 To coincide with the Tohoku Shinkansen service departing Tokyo at 14.44.

We recommend you to buy the JR East Flexible 5 Day Pass, jreast.co.jp/e/eastpass, or book a direct flight with Japan Airlines, jal.com, online and in advance.

Please choose one of the travel times listed above in order to connect with free bus transfers to Rockwood Hotel & Spa.
DAY 2

SUN 28/05, 08.00 AM

Highlight: Shirakami-Sanchi
UNESCO World Heritage
Site, Hirosaki Castle and
Hirosaki Apple Park.

Distance: 126km

Elevation: 2,579m

Average/max gradient: 4.6% / 22.2%

Highest elevation: 492m

Difficulty: Medium

Start > 28km: Hirosaki Castle > 31km: Zenringai
(site of zen temples) > 33km: Apple Park 47km:
Nishimeya Restaurant > 64km: Shirakami World
Heritage Site > 88km: junction with Iwaki loop
> Finish

Starting and finishing at Rockwood Hotel & Spa,
today’s ride takes in a multitude of natural and
cultural attractions as well as being a beautiful and
challenging route. After warming your legs on a small
eyard climb on the twisting roads west of Mt. Iwaki, you
will descend towards Hirosaki. Once in Hirosaki, we will
ride through the grand gates of Hirosaki Park complex
and right into the castle. Built in 1611, Hirosaki Castle
gives a rare historical insight into feudal Japan under
the rule of the Tsugaru Clan. This is a rare chance to
ride into one of the “Seven Famous Castles of Japan”.
The surrounding baileys of the compound house some
of the most amazing cherry blossom spots in the world!
Upon resuming our ride, we will ride along a road
lined with Zen temples - a remarkable site - towards Hirosaki’s Apple Park. A short distance from the Castle, here you will learn how apples are grown and how they get their special red colors through painstaking ancient methods. Naturally, this is also a great opportunity to taste some of the fantastic apple-based produce this region has to offer for yourselves. From the fresh apples to handmade apple pies, locally crafted ciders and everything else in between, you can try some of the best apples in the world and store additional souvenirs in our support vehicle. With appetites whetted by the Apple Park, lunch will be provided at the Nishimeya Restaurant, which boasts a range of set menus, ramen and local dishes.

From here your ride resumes in the direction of the Shirakami World Heritage site, which comprises of the largest virgin beech forests in the world. The site became Japan’s first UNESCO World Heritage Site in 1993 and is visited by Japanese travelers and visitors from abroad alike. The well-preserved forests, beautiful valleys and waterfalls, especially the awesome Anmon Falls will enchant you. With 80km in the legs already, we now begin the journey back to the base camp via the other side of Mt. Iwaki. The gradual climb up onto the slopes of Iwaki is rewarded with a welcome return to the comfort of our Rockwood base where you will finish the day with a buffet meal at Rockwood where you will have the opportunity to sample around 40 different dishes showcasing a variety of both local and western dishes. You can choose from a range of soft drinks and special limited edition Japan bottlings from craft beer brewer, Brew Dog.
A relatively easier day to start the week off with, today’s ride begins with a complete circumnavigation of the imposing Mount Iwaki which dominates the landscape of the Tsugaru region. From the unique perspective offered by your bike, you will see Iwaki from every angle whilst riding some beautiful roads including some of the most sinuous stretches of road you’ll ever see. Lunch will be provided at scenic point along the loop where a light bites, water and apple juice made from Aomori apples will be brought to you with the backdrop of Iwaki.

On our way around the mountain we will make two cultural visits. First stop is Dake Spa, famous for its milky colored sulphur-rich waters, where we will stop for some cool, fresh spring water. A short ride from here is the Iwakiyama Shrine. The current shrine dates from 400 years ago but there has been a shrine on the site for 1,200 years - a tranquil spot for a moment of contemplation and a photo.

Upon the completion of this stunning loop, the ride will head down a beautiful river valley road towards...
the coast and the fishing town of Ajigasawa. We skirt along coastal roads for a few kilometers with plenty of chances for taking photos of the Sea of Japan before beginning the gradual climb back up to Rockwood Hotel & Spa.

Before the day’s end, we make a last stop at Lake Fujimi, perhaps the best spot from which to photograph Mount Iwaki. Dinner will be served in the private dining room of Rockwood Bistro where you will enjoy a wagyu beef shabu-shabu meal served with juicy beef from the nearby Iwaki prefecture. You will have a choice of soft drinks, a pint of Sapporo draft beer or a bottle of a local sake from Ajigasawa-Kogen.
DAY 4

TUES 30/05, 06.30 AM

Highlight: Tappi Cape Epic
Distance: 176km
Elevation: 2,209m
Average/max gradient: 4% / 21.3%
Highest elevation: 529m
Difficulty: Med-Hard

An epic route to Tappi Cape where beautiful coastline and pristine tarmac meet some of Japan’s most beautiful climbs. Today is the day where all other thoughts in your mind will vanish and be replaced with a total focus on the road ahead. With epic roads that twist and turn on perfectly smooth roads, your heart races through the turns as each opens up a new view and skyline towards the ocean, the mountains and summit cols.

From Rockwood Hotel & Spa we roll down to the coast and enjoy an almost entirely flat first 60km. A particular highlight is the beautiful Lake Jusan Ko.

Here fresh water meets seawater, creating a unique marine environment, which allows Shijimi clams to be harvested. Here you can enjoy Shijimi dishes including the famous Shijimi ramen. At this point the road continues towards Tappi Cape becoming gradually more undulating until we’re faced with the key climb of the day to the observatory viewing platform at 72km. Later at Imabetsu Junction, you can enjoy different noodles and ramen or the exotic Imabetsu beef, which has won many awards.
From here, we ride back to Rockwood Hotel to complete an 180km ‘Queen Stage’ epic! Conserve your legs at the beginning because today’s a long one! Your final night at Rockwood will be accompanied by an equally sizable dinner where you will get a taste of the Japanese/French set menu served at Rockwood Bistro. The set menu will be paired with your choice of soft drinks or a wine pairing showcasing Japanese and French wines.
WEDN 31/05, 06.30 AM

Highlight: Rockwood to Mt. Hakkoda summit finish

Distance: 136km

Elevation: 3,322m

Average/max gradient: 4.7% / 16.6%

Highest elevation: 1,031m

Difficulty: Hard

The final day and the sting in the tail! This morning we depart from Rockwood Hotel for the last time and head down towards Hirosaki. Whilst the first 50km of the ride are mostly downhill, from here the real challenge begins as three significant climbs lie in wait. The first of these tops out at 510m before the ride continues up the road to Mount Ohanabe. The vertiginous slopes and twisting hairpins do not abate until the road finally tops out at an altitude of 1,010 meters. From here, we’ll retrieve gilets from the support vehicle before descending down to the beautiful Lake Towada.

We skirt along the peaceful shores of the lake for a few kilometers before working our way along the magnificent Oirase River valley. Both the lake and the river valley are regarded as some of Japan’s most outstanding areas of natural beauty. There will be numerous stops and opportunities to take photographs. The Oirase River valley is also the location for today’s lunch stop, where a light meal will be provided so as not to slow you down on the climb! Here you can choose from soft drinks, or Aomori apple juice.
In true grand tour style, your tour concludes with a summit finish up the fearsome climb of Kasamatsu Pass. Topping out at 1,031 meters, this is the high point of the week as well as the end point. The feeling of achievement and reward as you crest the final ascent of the week will be truly special and the pass itself provides the perfect setting for end-of-week photos.

From the summit, we ride down the other side to Sukayu Onsen where your luggage will have been delivered to and will be your rest stop for the night. Dinner will be served at Sakuya Onsen’s restaurant.
THE END – THURS 01/06, 06.30 AM

Transfer from Sukayu Hotel to Aomori International Airport

After an evening of celebration and a good night’s rest you will be driven from the hotel to Aomori International Airport to connect with onward travel arrangements. Your bikes will have been disassembled and carefully packed into bike boxes ready for travel.
For the remainder of the tour, your base will be Rockwood Hotel & Spa, the most luxurious and cycle-friendly hotel in Aomori. Your base camp sits on the slopes of Mount Iwaki and offers sweeping views of the Sea of Japan, the Tsugaru Plain, Hokkaido and the resort’s own Arnold Palmer-designed golf course. Rockwood provides the perfect setting for you to relax, recover and focus solely on your ride! Ahead of your arrival, your luggage will already be waiting for you in your room so all you have to think about is riding your bike.

A delicious and nutritious range of dinner and breakfast offerings will be freshly prepared with the finest local ingredients by Rockwood’s excellent chefs each day to fuel you for the ride ahead. Rockwood also boasts its own fresh spring water Onsen baths fed with mineral-rich water from Ajigasawa Springs – the perfect way to unwind after a long day in the saddle and recover for the next day. Meanwhile, for those with energy left after the ride, there is a range of other activities available; from trekking and mountain biking to motorcycling and a round of golf. In short, there’s something for every cyclist at Rockwood.
SUKAYU ONSEN

- Steam room
- Spa services : massage
- On-site dining
- Laundry facilities
- Shopping & cafe

Sukayu Onsen offers lovely views of the surrounding highland forests. Just next to the resort is Hakkoda Ropeway, where you can access a great collection of forest trails, available for mountain trekking. The ryokan also boasts several natural sulphur spring-water Onsen, and fresh produce from the local region awaits you for dinner; a perfect relaxing end to your five-day cycle tour around Aomori.
BOOKINGS

GO@OUTLANDS.CC
TERMS & CONDITIONS

TRAVEL DOCUMENT
Valid passport to Japan is required for each of the tour participant. You are solely responsible for any loss from unsuccessful departures or arrivals due to invalid travel documents.

INSURANCE
Insurance is not included in the tour. Each participant is responsible for providing his or her own insurance protection for his or her participation during the event. Any fees paid, where applicable, do not include any insurance protection for accident, sickness or negligence of any individual participant. Any accident or injury caused by any participant’s actions will be the full responsibility of that participant.

Each participant is responsible for any fees or costs incurred or arising from an accident either involving or caused by the rider. This includes, but is not exclusive to, fees from police, fire, ambulance or any similar service such as a mountain rescue service. If the situation arises that the participant is not capable of making the decision to call the emergency services, or fails to do so for any reason, the participant agrees that a member of Savoie Faire or its tour partners or a member of public may call for them. In this situation, the participant still accepts the costs and consequences of such action.

SAFETY & SUPPORT
This is a fully guided tour with vehicle support throughout. Crew member trained in first aid and there will be a complete first aid kit in case of emergency. There will be mechanical support available if required along the tour.

The participant accepts that the event they are entering into is not a race in any format. There will be no timed races and time records to complete the ride will not be taken. Anyone considered to be competing against others will be stopped from riding and prohibited from attending any future events.

The participant acknowledges the inherent dangers and risks involved in participating in the activity. Risks may include, but are not limited to, collision with pedestrians, vehicles, other riders, or fixed or moving objects, and dangers arising from surface hazards, equipment failure, weather, inadequate safety equipment, use of equipment or materials provided by Savoie Faire or its tour partners or the participant.

The participant acknowledges that these risks may be caused by the participant’s own actions, or inactions, the actions or inactions of others participating in the activity, the area and conditions in which the activity takes place, and/or the participant’s own negligence or the negligence of others, whether or not known or reasonably foreseeable at this time. The participant undertakes to use good judgment and acknowledges his or her duty of care to other riders around them.

The participant accepts and assumes all risks and is fully responsible for his or her actions whilst attending the event. Savoie Faire or its tour partners do not accept responsibility for the actions of the participant nor the consequences of such action.

The participant agrees to wear, as a minimum, a suitably designed cycling helmet during the whole riding section of the event. Outlands reserves the right to refuse entry to the event to anyone without a helmet or with inappropriate equipment or clothing.

The participant confirms that the cycle they are riding for the event and all of his or her equipment is of a suitable standard and state of road worthiness.

Each participant, upon signing the Booking Form, agrees that they are physically and mentally capable of riding the distance prescribed prior to the ride. If, during the event, the participant decides to change route and distance then they do so at his or her own risk.

A substantial part of the ride will be on public roads and the participant is aware of this prior to commencing the ride. If the participant has any concerns regarding the route and cycling on public roads then they should not participate at all. Points along the route may not be marked so it is important that the participants stick to the group they are riding with.

The participant agrees that failing to return to the agreed ride end point may result in a search being organized and the subsequent costs will be billed to the participant.

No alcohol can be consumed during the ride.

BOOKING & PAYMENT
First come first served policy is employed and bookings are attended to in the order of payment receipt date, as there is a limit of group size.

Payments can be made by bank transfer, paypal, or cash.

DEPOSIT
To book your seat for Outlands tour, each participant is required to complete the Booking Form and send it with the deposit (i.e. 10% of the tour price). If you change your mind within 15 days of payment, we will refund your deposit minus a US$100 administration fee. The deposit is non-refundable after 15 days.

BALANCE
Balances must be paid no later than 60 days prior to departure as a final confirmation of your tour booking.

CANCELLATION
If you wish to cancel your tour, you are required to notify Outlands in writing. Upon receipt of it, we will abide to the below cancellation policy:

DAYS PRIOR TO DEPARTURE | CANCELLATION CHARGE
More than 60 days: | 10% of your total tour price
Between 30 and 59 days: | 30% of tour total tour price
Between 8 and 29 days: | 70% of your total tour price
7 days or less: | 100% of your total tour price

We reserve the right to cancel or alter your trip at any time prior to your departure date, due to events outside of our control, such as but not limited to: acts of God, flood, drought, earthquake or other natural disasters; epidemic or pandemic; terrorist attack, civil war,
civil commotion or riots, war, threat of or preparation for war, armed conflict, imposition of sanctions, embargo, or breaking off of diplomatic relations; nuclear, chemical or biological contamination; or collapse of buildings, fire, explosion or accident. (together “Events Outside Of Our Control”). We however assure you that we will endeavor to only do this when strictly necessary.

We reserve the right to cancel the tour prior to departure in the event that booking number does not reach a minimum group size.

In the event that we cancel your trip, you will be given a full refund of all payments you have made to Savoie Faire. You will not be entitled to claim any further compensation due to any inconvenience arising from the cancellation.

TOUR CHANGE
We will endeavor the best effort to ensure that the itinerary of your trip does not have to be altered or changed. However, if an Event Outside Of Our Control occurs, we may not be able to follow our advertised itineraries or schedules. If any additional expenses are incurred through delay, accident or disruptions of planned itineraries due to Events Outside Of Our Control, we cannot compensate you for such expenses.

We reserve the right to change, modify or cancel any aspect of the tour or any objective set out in the tour itinerary in case of inclement weather, snow or icy conditions or situations that are otherwise likely to be hazardous or dangerous, or other adverse or threatening conditions which may affect the safety of any of the tour participants or guides.

The participant accepts that instructions and routes may deviate at the time of event. In cancellation of any aspect of the tour, the additional expenses or losses arising shall be borne by each of the tour participant. It would not be an excuse to oppose or exit, or to request refund or compensation for travel expenses of the unfinished.

RELEASE & WAIVER OF LIABILITY
The participant releases and discharges his or her right to sue Outlands and/or its administrators, directors, agents, officers, volunteers and employees, other participating event organizers, any sponsors, advertisers and, if applicable, owners and lessors of premises on which the activities take place from all liability, claims, demands, losses or damages on the participant’s account, now or hereafter accrued, which are caused or alleged to be caused in whole or in part by the participant’s involvement in, association with or travel to and from the activity, including the participant’s negligence and the negligence of other participants.

The participant grants Outlands and its tour partners the irrevocable and unrestricted right and permission to use, re-use, publish, and re-publish his or her image, likeness, name and/or biographical information in whole or in part, or composite or distorted in character or form, without restriction as to changes or alterations, or reproductions thereof in color or otherwise, made through any medium, and in any and all media now or hereafter known for illustration, promotion, art, editorial, advertising, trade, or any other purpose whatsoever.

The participant acknowledges that other terms and conditions and agreements may apply in addition to the attached including waivers, releases or liability agreements and, potentially bike hire or other terms. Any such other terms and conditions or agreements will apply in addition to, and shall not supersede, replace or otherwise affect these Terms and Conditions.

The participant understands that nothing in this Release shall limit or exclude Outlands’s or its tour partners’ liability for: death or personal injury caused by its negligence; any other matter in respect of which it would be unlawful for Outlands or its tour partners to exclude or restrict liability. The participant also agrees however that in the event Outlands or its tour partners are found to be liable, in no circumstances will Outlands’s and its tour partners’ liability exceed £10,000.

These Terms & Conditions shall be governed by English law and the courts of Japan shall have exclusive jurisdiction in respect of the same.